



Saturday Exercise Classes

Zumba 11:00 am

Salsa Aerobics 12:00 pm

**Westside Baptist Family Life Center
10000 W. Newberry Rd., GNV**

Open to men and women of all ages - you DON'T Need a Partner to have fun!! Walk-ins welcome! To sign up, call 352-334-8889 or e-mail us at CHOICEShewprogram@doh.state.fl.us.

For more information or to apply for CHOICES Health Services, call 352-264-6772 or visit www.acCHOICES.com.